

# Vermont Mental Health Counselor's Association

## Annual Meeting and Workshop

Friday June 12, 2009 8:30 AM - 4:30 PM

Capitol Plaza ♦ 100 State Street ♦ Montpelier ♦ Vermont

### *An Exploration of Addiction:*

*With tools for screening, assessment and brief interventions.*

*This workshop will explore all facets of addiction. The brain/addiction response and the special vulnerability of the adolescent brain to addiction are two of many topics to be discussed. Participants will be given five tools for screening and information about brief interventions and full assessments. This workshop will be highly participatory.*

#### *Objectives*

- *A working knowledge of the brain*
- *Understand adolescent's vulnerability to addiction*
- *Provide tools for screening*
- *Provide tools for assessment*
- *Identify treatment modalities within Vermont*

#### **Presenter**

**Debby Haskins, MS, LADC, CCS** has been in the field of substance abuse and prevention for over 20 years. She began her work in schools, working with adolescents and families. She is the Executive Director of the Association of Student Assistance Professionals of Vermont and manages the 92 substance abuse counselors in schools. She frequently consults with the Center for Health & Learning to provide ATOD trainings to teachers throughout Vermont. She is currently the Vice President of the Vermont Alliance for Mental Health, serves on the Governor's Council on Alcohol, Tobacco and Other drugs and on the VT Child Fatality Review Committee. She is the past chair of the VT Certification Board, and VT Drug and Alcohol Coalition. She has a private practice in Waterbury, Vermont.

#### **CONFERENCE SCHEDULE**

- 8:30 - 9:00** Registration
- 9:00 - 9:15** Introduction and Overview of Objectives
- 9:15 - 10:00** Understanding the Continuum of Abuse
- 10:00 - 10:15** Break
- 10:15 - 11:00** Pharmacology of the Brain,  
Differences Between the Adolescent and Adult Brain
- 11:00 - 11:45** Screening and Assessment Tools, Resources
- 11:45 - 12:15** Questions and Answers
- 12:15 - 1:30** LUNCH (on your own)
- 1:30 - 4:30** VTMHCA ANNUAL MEETING

#### **ANNUAL MEETING**

The VTMHCA Annual Meeting is an opportunity for members and prospective members to network and to gain an understanding of the work we have done in the last year. The meeting is also an opportunity to have input into your organization and on the directions/projects upon which we will embark in the next year. The Annual Meeting is a time for discussion of the issues and concerns we have as mental health practitioners. The agenda will be as follows.

- *The Year in Review: Initiatives, Conferences, and Finances*
- *Reports by Board Members and Special Committees*
- *Legislative Updates and Lobbyist Activity*
- *Future Initiatives/Discussions: Conferences, Website, and Membership*
- *Election of New Board Members and Acknowledgements*

**CEUs applied for and pending**  
**Please visit our website at [www.vtmhca.org](http://www.vtmhca.org)**

**Vermont Mental Health Counselor's Association**

**Join Your Colleagues on June 12, 2009**



**VTMHCA's Annual Meeting & Conference**

*An Exploration of Addiction:*

*With Tools for Screening, Assessment, and Brief Interventions*

Presented by Debby Haskins, MS, LADC, CCS



PO Box 62  
Shelburne, VT  
05482

**Registration/Refund Policy**

Early Registration is encouraged. Registrations at the door require an additional \$20 fee and are on a space available basis only. The conference fee includes coffee, muffins, CEUs, and materials. For cancellations more than 72 hours before the conference, a refund will be granted, less a \$20 administrative fee. Cancellations made less than 72 hours before the conference will not be refunded. If you register and do not attend, you are liable for full payments. Substitutions may be made at any time.

**Space is Limited. Please register early.**

**For more information on  
the Annual Meeting,  
or  
VTMHCA membership,  
please contact  
Caryn Feinberg  
at  
802-985-8286  
or  
CarynBF@gmail.com**

Conference Registration Form - Friday, June 12, 2009 - Capitol Plaza, Montpelier, VT

Name \_\_\_\_\_ Phone (day) \_\_\_\_\_ (evening) \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
Email \_\_\_\_\_

Conference Fees

\$60 VTMHCA member     \$85 Non-member     Join VTMHCA now and receive reduced rate

I will be attending VTMHCA's Annual Meeting

◆ \$15 additional fee for registrations received after June 5.

◆ \$20 fee for registration at the door, space permitting.

Please make checks payable to:

Vermont Mental Health Counselor's Association.

Mail this form and registration fee to:

VTMHCA, c/o Caryn Feinberg  
P.O. Box 62  
Shelburne, VT 05482